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WORKSHOP ON INDOOR/OUTDOOR ENVIRONMENT IN KINDERGARTENS

**BRINDISI
21-22 NOVEMBER**

Friday Novembre 21

Morning 8.30am- 1pm

8.30-9.00 Participants registration

9-9.30 welcome: Regional Counsellor of Health, Mesagne Mayor, General Director ASL Brindisi, Regional Director School system.

**9.30 A Longo president MDC
Periscope introduction and obesity in Italy**

9.45 R Miracapillo General Secretary MC

**10.00 E Malecka Tendera Rector of Salesian University Katowice Poland
Prevention of overweight in preschool children: experience in Europe and USA.**

**10.20 M Caroli Nutrition Unit ASL Brindisi Scientific Coordinator PERISCOPE Italy
Preliminary data of the first year PERISCOPE**

**10.40 Bent Egberg Mikkelsen National Food Institute Denmark
Danish Technical University: Promoting PA and healthy lifestyle in kindergarten -
results from a nationwide survey**

11.00 Discussion

11.15 Coffee, tea and fruit time.

**11.30 L Mirizzi Architect Secretary of the National Association of Architects
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11.50 dr.Mayor of Cisternino WHO Healthy Cities Network

Press Office Consumedia Via Piemonte 32 - 00187 Rome - Italy
www.periscope.it - ufficiostampa@mdc.it
Laura Simionato (Italian) +39 064881891 - 3331164624
Silvia Biasotto (English) +39 0645442583 - 3287187485

Roles and strategies of politicians in developing healthy environment in schools and cities.

**12.10 Anna Vitale Counsellor of social and education sector of city of Ceglie Messapica.
Outdoor interventions to improve physical activity in kindergartens: which are the promoting and inhibiting factors?**

**Michele Conti eibe Produktion + Vertrieb GmbH & Co. KG
Toys as tool to promote physical activity in kindergarten children.**

12.30 Discussion.

13 Lunch

14.30

D Colella University of Foggia.

Motor gross development and physical activity in kindergarten age children

Insegnante del 3 circolo con progetto di attività fisica

S Vale Research Centre in Physical Activity, Health and Leisure, Faculty of Sport- University of Porto- Portugal

Relationship of objective measurements of physical activity during school hours and BMI in preschool children.

K Reiter FGM-AMOR, Austrian Mobility Research Department for Mobility Management & Travel Awareness

Mobility Management for Kindergartens There is nothing like starting young

A Tripodi Food Hygiene and Nutrition Service, Department of Public Health, AUSL Modena
“Community projects” in Modena (Italy): promote regular physical activity from childhood.

C Padez. Department of Anthropology, University of Coimbra, Portugal
Family determinants of sedentarism in Portuguese children aged 7 to 9 years old.

I Mourão-Carvalho. Trás-os-Montes e Alto Douro, University, Sport Department. Portugal

Interventional Portuguese Health Program for Promoting Indoor and Outdoor Physical Activity

I Mourão-Carvalho. Trás-os-Montes e Alto Douro, University, Sport Department. Portugal

Outdoor Obesogenic School Environment

S Daris Health Service Research, Epidemiology and International Health. IRCCS Burlo Garofalo, Trieste Italy.

Good practices for improving activity in preschool children: promotion and surveillance.

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Dr. Morten Kromann Nielsen, Project consultant, Educational Resource Center, University College Lillebaelt, Denmark.

Motion promoting spaces supportive for PA and motion in children spaces – lessons learnt from the Children, food and physical activity model project in the County of Funen.

B E Mikkelsen Denmark

Associations between intention, praxis and policy in relation to healthy lifestyle in kindergarten - results from a cross sectional study of health behaviour among Danish pre-school children

M N Werther Denmark

Developing a methodology for focus groups with children on food and meals and physical activity in kindergarten.

Ewa Malecka-Tendera

Main promoting and protecting factors for obesity development in kindergarten age children in Poland.

M Caroli

The other side of the coin. Improving eating habits development: Tales for children, facts for parents.